



MOUNTAINEER • MOTHER OF SEVEN • AUTHOR

The mountains were never the story. *The permission was.*

Bios, fact sheet, story angles, coverage and contacts for
journalists, producers and podcast hosts.



Exceptionally good at telling herself *someday.*



“What I learned up there is that achievement can build an impressive life without building one that feels like your own.”

Jenn Drummond was exceptionally good at telling herself someday. She was raising seven kids and building a wealth management firm, taking care of everyone and everything around her, with a plan to take care of herself later. In 2018, a semi-truck crashed into her SUV. She survived, and she started seeing time differently.

That question took her to the world’s highest mountains. In 2023 she became the first woman to climb the Seven Second Summits, the second-highest peak on every continent, including K2, earning a Guinness World Record. In June 2026 she summited Denali with her son Jacob, becoming the first woman to climb both the highest and second-highest peak on every continent.

Jenn is a keynote speaker, a TEDx speaker and the author of the best-selling *BreakProof*. She has appeared on Good Morning America, the Today Show and The Jennifer Hudson Show. She is the founder of Somedays, a movement and a business that helps people close the gap between intention and action, and the host of The Somedays Podcast. Her new book, *SOMEDAYS: The Art of Turning Someday into Today*, arrives January 12, 2027. She lives in Park City, Utah.

Copy, paste, *done.*

Please use one of these as written. Editable versions are in the text file in this kit.

SHORT

ABOUT 50 WORDS

Jenn Drummond is a mother of seven, an entrepreneur and a Guinness World Record holder who became the first woman to climb the highest and second-highest peak on every continent. She is the founder of Somedays and the author of *SOMEDAYS: The Art of Turning Someday into Today* (January 12, 2027).

MEDIUM

ABOUT 110 WORDS

Jenn Drummond is a mother of seven, an entrepreneur and a Guinness World Record holder. After a semi-truck crashed into her SUV in 2018, she stopped saving her life for later. That decision took her to the world's highest mountains: she became the first woman to climb the Seven Second Summits, then completed the highest and second-highest peak on every continent, finishing on Denali with her son.

Today she is the founder of Somedays, a movement that helps people stop postponing the lives they already have. Her new book, *SOMEDAYS: The Art of Turning Someday into Today*, arrives January 12, 2027. She lives in Park City, Utah.

INTRODUCTION

FOR HOSTS, READ ALOUD

Our guest today survived a semi-truck crash, then decided to stop saving her life for later. She became the first woman to climb the highest and second-highest peak on every continent, earned a Guinness World Record along the way, and did it all as a mother of seven. Her new book is *SOMEDAYS: The Art of Turning Someday into Today*. Please welcome Jenn Drummond.

Get the details *right.*

NAME	Jenn Drummond (two n's)
BASED IN	Park City, Utah
RECORD	Guinness World Record: first woman to climb the Seven Second Summits
MOUNTAINS	First woman to climb the highest and second-highest peak on every continent, completed on Denali in June 2026
TURNING POINT	Survived a semi-truck crash in 2018
FAMILY	Mother of seven
BUSINESS	Founded and exited a wealth management firm. Founder of Somedays.
BOOKS	<i>BreakProof. SOMEDAYS: The Art of Turning Someday into Today</i> , out January 12, 2027.
KEYNOTES	Vision to Victory (signature), People Over Peaks, Somedays
MEDIA	The Somedays Podcast. Alive Today, a Friday email read by 20,000+ people.
ONLINE	jenndrummond.com · livesomedays.com · Instagram @thejenndrummond and @live.somedays · LinkedIn /in/jenn-drummond

AS FEATURED IN

Good Morning America The Today Show The Jennifer Hudson Show CNN
 USA TODAY Women's Health Forbes Outside Insider
 Guinness World Records TEDx

What Jenn can *talk about.*

01

The question after the crash

In 2018, a semi-truck crashed into her SUV. Surviving it changed one question: what am I still saving for someday?

02

Mother of seven, at altitude

Training, guilt, logistics and the honest trade-offs of chasing a world record while raising seven kids.

03

Stop postponing your life

Why we put off what matters most, and the Date It. Do It. Done It. practice at the heart of SOMEDAYS.

04

Climbing with her son

Denali with Jacob, and what changes when the summit isn't the biggest win.

05

Leading under pressure

From founding and exiting a wealth management firm to K2: vision, calculated risk and the right team.

06

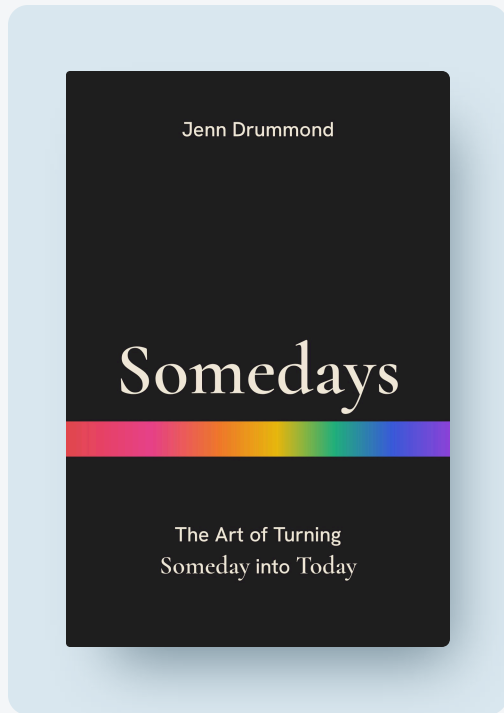
Life after extraordinary

Achievement can build an impressive life without building one that feels like your own. What comes next.

SUGGESTED INTERVIEW QUESTIONS

1. You survived a semi-truck crash in 2018. What changed in the days and weeks after?
2. What is a "someday," and why are we so good at postponing them?
3. How did you train for K2 while raising seven kids?
4. What did climbing Denali with your son Jacob teach you that the record didn't?
5. Achievement can build an impressive life without building one that feels like your own. When did you realize that?
6. Walk us through Date It. Do It. Done It. What's the smallest first move someone can make this week?
7. Why short stories instead of a how-to book?
8. What are the seven pillars of aliveness, and which one is hardest for you?
9. What do leaders get wrong about risk?
10. What will you make real on a Tuesday?

SOMEDAYS: The Art of Turning *Someday into Today*



Most doors don't slam shut. They close slowly, quietly. *Click.*

We think we have more time. More time to ask the question. Take the trip. Make the call. Start the thing. Sit at the table a little longer.

SOMEDAYS is a collection of short, true stories from the mountains, the boardroom and the kitchen table about the moments that wake us up and the choices that bring us back to life. They aren't rules or a checklist for a bigger life. They're stories to sit with, organized around seven pillars of aliveness, and each chapter ends with a simple practice.

You do not need a bigger life. You need to stop postponing the one you already have.

Pre-orders open October 15, 2026 at jenndrummond.com/book. Review copies available for media.

Date it.

Choose one thing that matters.
Give it a date.

Do it.

Let yourself live it.

Done it.

Then remember that you did.

Courage

Connection

Presence

Play

Perspective

Ownership

Contribution

As seen, heard *and read.*

KPCW	Park City local snags second world record with Denali summit kpcw.org	JUL 2026
TEDxSwansea Women	The art of reinvention youtube.com	2026
City Lifestyle	Vision to Victory: the only way is up citylifestyle.com	OCT 2025
ABC News	Jenn Drummond talks new book about building resilience abcnews.com	JAN 2024
Forbes Books Podcast	From car crash to mountain tops books.forbes.com	FEB 2024
Women's Health	How a mom of seven set the Second Summits world record womenshealthmag.com	DEC 2023
InsideHook	Meet the first woman to scale the Seven Second Summits insidehook.com	NOV 2023
Insider	How a mountain-climbing mom of 7 works out on a busy schedule businessinsider.com	JUL 2023
USA TODAY	'7 children ... 7 peaks': Car crash inspires Utah mom to set global climbing record usatoday.com	JUL 2023
Guinness World Records	First woman to climb the Second Seven Summits guinnessworldrecords.com	2023

Television: Good Morning America, the Today Show and The Jennifer Hudson Show. Clips are available on request.

On stage, the audience is *the hero*.

01 · SIGNATURE

Vision to Victory

Turning audacious goals into extraordinary results. From founding and exiting a business to making mountaineering history: how vision, calculated risk, resilience and the right team turn ambitious goals into results.

02

People Over Peaks

Redefining success through relationships. What good is reaching the summit if there's nobody to share it with? Ambition, the people who make achievement meaningful and the legacy we build together.

03 · NEW

Somedays

The art of turning someday into today. Why we postpone what matters most, and how Date It. Do It. Done It. helps people close the gap between intention and action.

CONTACT

Interviews, segments and *review copies*.

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